

English Country Dances and Branles

2011-2012 Season

Transposed by Mala Eckerling

Table of Contents

BASIC ENGLISH COUNTRY DANCE STEPS	1
Basic Dance Notes	2
Two Couple Square Sets	3
Cuckold All A Row	3
Hearts Ease	3
Hit and Misse	4
Parsons Farewell	4
Rufty Tufty	5
Three Couple Circle Sets	6
The Gelding of the Devil	6
The Maid in the Moon	6
Jenny Pluck Pares	7
Three Couple Longways Sets	8
The Beggar Boy	8
The Black Nag	8
Chestnut or Doves Figary	9
Confesse	10
Greenwood	11
Grimstock	12
The Night Peece	12
Picking of Sticks	13
Scotch Cap	13
Upon a Summers Day	14
Wooddicock	15
Circular Sets for as Many as Will	16
Dargason (or Sedany)	16
Gathering Peascods	16
Hay Branle	17
Official Branle	17
Four Couple Square and Circular Sets	18
A Fine Companion (Square or Circular set)	18
Hide Parke (Square set)	18
If All the World Were Paper (Square set)	19
Mage on a Cree (Circular set)	19
Four Couple Longways Sets	20
Goddess/Quodling's Delight	20
Longways Sets	21
Jamaica	21
Indian Queen	21
Juice of Barley	21
New Boe Peep	22

Basic English Country Dance Steps

- ❖ Arm or Arming Link same elbows (right or left) and walk in a circle.
- ❖ Back to Back Usually in 8 counts, move towards partner, pass right shoulder, move around their back, still facing the same direction, and return to position passing left shoulder.
- ❖ Cast Turn away from group and move up or down line. May also involve placing palms of inside hand together and pushing off slightly.
- Corner The person on the other side of the partner set: a female's corner would be the male next to her who is not her partner in the circle, the male's corner would be the non-partner female next to him.
- ❖ Double Starts on left foot...three steps, then bring up right foot to close.
- ❖ Gypsy (or Gip) Usually in 8 counts, move towards partner, and stay facing partner and circle clockwise then still facing partner, return to place. Sometimes performed back-to-back or shoulder-to-shoulder instead of facing.
- ❖ Hey Passing right shoulder then left shoulder, then right shoulder, then left shoulder, etc. May be done with our without hands.
- Improper When men and women are on the opposite or wrong side of the dance set.
- Opposite Person across from dancer on the other side of the set, usually the opposite gender.
- ❖ Palm Put same palm against partners palm (right or left) and walk in circle.
- Poussette Partners take hands and the man either pushes or pulls his partner, then maneuvers down or up the set to progress (half-Pousette), or all the way around to return to place (Poussette). Performed clockwise unless otherwise directed.
- ❖ Set and Turn Step at a 45 degree angle forward with the right foot, then the same with the left foot, then turn (to the right) in four steps to move back to place.
- ❖ Side Step a double forward to partners shoulder (right or left), and double back.
- ❖ Simple Starts on right foot...step once, then bring other foot to close. Repeat starting left foot.
- Slip Step sideways by moving foot on the side of the direction you want to move and bring other foot to it. Keep the shoulders sideways.
- ❖ Set Step to the right with the right foot, then to the left with the left foot.
- ❖ Star A circle with one hand of each dancer extended into the middle around which the circle moves, keeping hands together in center of the circle.
- Turn Using double steps or slip steps, turn 360° around, usually to the right.

Basic Dance Notes

1. All dances begin and end with Honours to one's partner. To Honour:

Men

- a. Start with toes pointing out (at a 45-degree angle), then drop right foot back about a foot.
- b. Bend the right knee, keeping the left leg and back straight. If wearing a hat, the man can either remove the hat with his left hand (keeping the inside of the hat facing his body), or touch the brim. If not wearing a hat, bring right hand up as described for the women in b.
- c. Move the right leg back to the original position, replacing the hat and straightening the body.

Women

- a. Start with toes pointing out (at a 45-degree angle.)
- b. Bend knees outward to lower the body (keeping back straight), or drop right leg slightly behind and bend knees outward. While performing these steps, draw the right hand inward and upward to lips, but don't actually touch the lips.
 Note: If taking partner's hand after honouring, bring hand up that will take partner's hand.
- c. Straighten the knees and rise, dropping the hand.

Note: Dancers should keep eye contact with partner when Honouring.

- 2. Unless otherwise noted, the first step starts with the right foot.
- 3. "Proper" places the man to the left of his partner. "Improper" places the man to the right of his partner. Dances are set as "proper" unless otherwise noted.
- 4. Dancers change places by passing by right shoulders unless otherwise directed.

Two Couple Square Sets

Two couple square set dances begin with couples facing each other and holding inside hands, unless otherwise specified.

Cuckold All A Row

- 1. Section 1
 - a. All partners up and back a double to opposite couple.
 - b. All partners up and back a double to opposite couple.
 - c. Opposites back-to-back.
 - d. Opposites gypsy, staying face-to-face with opposite.
 - e. Partners back-to-back
 - f. Partners gypsy, staying face-to-face with partner.
- 2. Section 2
 - a. Partners side right shoulders.
 - b. Opposites side left shoulders.
 - c. Men change places with four slip steps, leading right shoulders.
 - d. Ladies change places with four slip steps, leading right shoulders.
 - e. All circle clockwise once around.
 - f. Ladies change places with four slip steps, leading right shoulders.
 - g. Men change places with four slip steps, leading right shoulders.
 - h. All circle around clockwise once around, until back into starting position.
- 3. Section 3
 - a. Partners arm right.
 - b. Opposites arm left.
 - c. Men take opposite lady's hands, do a half-poussette to pull lady into opposite man's position, and men turn clockwise with opposite so man is in opposite lady's positions.
 - d. Men cast off to their right and, followed by their partner, make a small circle, returning to place.
 - e. Repeat 3c and 3d, turning counter-clockwise and casting left.

Hearts Ease

- 1. Section 1
 - a. All step up and back a double.
 - b. All step up and back a double.
- 2. Chorus All drop hands and face partner.
 - a. All back from partner a double, then up a double
 - b. Turn opposite with right hand, ending facing opposite.
 - c. All back from opposite a double, then up a double.
 - d. Turn partner with left hand.
- 3. Section 3 Facing partner
 - a. All side right shoulder with partner.
 - b. All side left shoulder with opposite.
 - c. Chorus
- 4. Section 4 Facing partner
 - a. All arm right with partner.
 - b. All arm left with opposite
 - c. Chorus

Hit and Misse

- 1. Section 1
 - a. Partners hold hands step up and back a double.
 - b. Partner step up and back a double again.
- 2. Chorus
 - All double forward, right-hand to right-hand (ladies cross their right hand across to their partner, who takes it with his right.)
 - b. Opposites take left hand to left hand, with man crossing over arm, and double away from the center of set.
 - c. Opposites turn towards each other to face center of set, taking right hands, (man crosses arm over) and double back to set.
 - d. Partners take right hands, with ladies arm crossed over, and double backwards into place.
 - e. All circular hey, no hands, beginning by passing partner's right shoulder, for four changes.
- 3. Section 2
 - a. All side right with their partner.
 - b. All side left with their partners.
 - c. Chorus
- 4. Section 3
 - a. All arm right with their partner
 - b. All arm left with their partner.
 - c. Chorus

Parsons Farewell

- Section 1
 - a. All partners step up double.
 - b. All partners slip a double to the left.
 - c. All partners slip a double back.
 - d. All partners slip a double forward (back to place.)
 - e. Men rise on toes, and then women rise on toes.
 - f. All rise on toes four times.
 - q. Men turn opposite.
 - h. Repeat le though 1h, starting with women.
- 2. Section 2
 - a. All partners step up a double.
 - b. Men lead opposite away from center a double.
 - c. Men lead opposite back to center a double.
 - d. All partners step back a double.
 - e. Men take right hands, and then switch to left hands and change places.
 - f. Men turn opposite with right hands, ending in opposite man's position.
 - g. Men take right hands, and then switch to left hands and change places.
 - h. Men turn partners with right hand.
 - i. Women repeat 2e through 2h with opposite hands (left, right, left)
- 3. Section 3
 - a. Partners take both hands and slip to center a double.
 - b. Partners take opposites hands and slip away from center a double.
 - c. Opposites slip back to center a double.
 - d. All take partners hands and slip back to place.
 - e. All turn partner with right hand.
 - f. Men change places.
 - g. 2 changes of the hey; right hand to partner, left hand to opposite.
 - h. Each turn partner halfway around with 2 hands, changing places.
 - i. Repeat 3e through 3h, turning partner with left hand and women changing places.

Rufty Tufty

- 4. Section 1
 - a. All partners step up and back a double.
 - b. All partners step up and back a double.
- 5. Chorus
 - a. Partners set and turn to each other twice.
 - b. Men take partner's left hand in their left hand and walk a double away from the center.
 - c. Partners turn around (towards each other) to face center, and men lead their partners back in, right hand to right hand.
 - d. All turn single to the right.
 - e. Men take opposites right hand in their right hand and walk a double away from the center.
 - f. All turn, and opposites lead them back, left and in left hand.
 - g. All turn single to the right.
- 6. Section 2
 - a. Partners side to right shoulder.
 - b. Partners side to left shoulder.
 - c. Chorus
- 7. Section 3
 - a. Partners arm right.
 - b. Partners arm left.
 - c. Chorus

Three Couple Circle Sets

Three couple circle set dances begin with couples in circle and holding hands, unless otherwise specified.

The Gelding of the Devil

Couples number 1, 2, & 3

- 1. Section 1
 - a. All take hands and slip 8 slips clockwise.
 - b. All slip 8 slips counter-clockwise back to place.
- 2. Chorus
 - a. Couple 1 holds inside hands and move up a double to the center of the circle, then back a double to place.
 - b. Couple 1 moves to center of circle, then man 1 passes between couple 2 while woman 1 passes between couple 3, both returning to place, skipping.
 - c. Couples 2 repeats Chorus a and b, passing between the 1st and 3rd couple.
 - d. Couples 3 repeats Chorus a and b, passing between the 1st and 2nd couple.
- 3. Section 2
 - a. Partners side right
 - b. Partners side left.
 - c. Chorus.
- 4. Section 3
 - a. Partners arm right
 - b. Partners arm left.
 - c. Chorus.

The Maid in the Moon

Couples number 1, 2, & 3

- 1. Section 1
 - a. All take hands and step up and back a double.
 - b. Keep hands and step up and back a double.

2. Chorus

- a. 1 man and 3 woman step a simple to center and take right hands, flat.
- b. 2 man and 1 woman do the same.
- c. 3 man and 2 woman do the same.
- d. All move six-hand star in clockwise circle to place, stepping out a simple and dropping hands on last beat.
- e. 1 man and 3 woman honour (opposites), bringing left hand up, then take left hands, flat.
- f. 2 man and 1 woman do the same.
- q. 3 man and 2 woman do the same.
- h. All move six-hand star in counter-clockwise circle to place, stepping out a simple and dropping hands on last beat.
- 3. Section
 - a. Partners side right
 - b. Partners side left.
 - c. Repeat Chorus, but for e-g, 1 man honours 2 woman, 2 man honours 3 woman, 3 man honours 1 woman (corners.)
- 4. Section 4
 - d. Partners arm right
 - e. Partners arm left.
 - f. Chorus, but for e-g, each honours their partner.

Jenny Pluck Pares

All couples numbered 1-3

- Section 1
 - a. All slip 8 steps to the left on the circle.
 - b. Drop hands, face partner, set and turn.
 - c. All take hands and slip 8 steps to right on circle.
 - d. Drop hands, face partner, set and turn.
- 2. Chorus
 - a. All partners take right hands.
 - b. #1 puts lady into center of circle.
 - c. #2 puts lady into center of circle.
 - d. #3 puts lady into center of circle.
 - e. All honour their partner and drop hands.
 - f. Men walk around circle (keeping a set distance from the ladies) 16 steps.
 - g. Men turn to their left and walk 16 steps the other way.
 - h. All partners take right hands.
 - i. #1 takes out lady and puts her back into outer circle.
 - j. #2 takes out lady and puts her back into outer circle.
 - k. #3 takes out lady and puts her back into outer circle.
 - 1. All honour their partner and drop hands.
- 3. Section 2
 - a. All side right with their partner.
 - b. All set and turn.
 - c. All side left with partner.
 - d. All set and turn.
 - e. Chorus, with women placing men into circle
- 4. Section 3
 - a. All arm right with partner.
 - b. Set and turn.
 - c. All arm left with partner.
 - d. All set and turn.
 - e. Chorus, with men placing women in circle

Three Couple Longways Sets

Three couple longways set dances begin with couples facing forward and holding inside hands, unless otherwise specified.

The Beggar Boy

- 1. Section 1
 - a. Partners step up and back a double twice.
 - b. 1 and 3 man face away from set; 1 and 3 woman face away from set.
 - c. 1 and 3 man take inside hand and step up and back a double, while 1 and 3 woman do the same. Meanwhile, 2 couple steps up and back a double.
 - d. Men's and women's lines form their own circle by the second couple falling back slightly, and all circle once.
 - e. Repeat 1b and 1c.
- 2. Section 2
 - a. Partners side right and left.
 - b. 1 and 3 couple face second couple and all move as follows:
 - i. 1 and 3 couples switch places; 1st couple in the middle, 3rd couple on the outside, while
 - ii. 2 couple falls back and up a double.
 - c. 2 and 3 couples circle holding hands while first couple sets and turns.
 - d. Repeat 2b and 2c, same couples circling and setting and turning.
- 3. Section 3
 - a. Partners arm right and left.
 - b. All take hands along same gender line, fall back and up a double.
 - c. Each line does a progressive half hey, starting with 1 and 2 passing right shoulder.
 - d. Repeat 3b and 3c, back to place.

The Black Nag

- 1. Section 1
 - a. All step up and back a double.
 - b. All step up and back a double.
 - c. 1st couple holds hands and slips four steps up, then 2nd couple, then 3rd couple.
 - d. All turn in place to the left.
 - e. 3rd couple holds hands and slips four steps back to place, then 2nd couple, then 1st couple.
 - f. All turn in place to the left.
- 2. Section 2
 - a. Partners side to the right, then to the left.
 - b. 1st man and 3rd woman aim their right shoulders at each other then change places by slipping 4 steps, passing back-to-back.
 - c. 3rd man and 1st woman aim their right shoulders at each other then change places by slipping 4 steps, passing back-to-back.
 - d. 2's aim their right shoulders at each other then change places by slipping 4 steps, passing back-to-back.
 - e. All turn in place to their left.
 - f. All repeat 2 b, c, d, and e to get back to place.
- 3. Section 3
 - a. Partners arm right and left.
 - b. 1st man faces down the line of men while other men face up. Half hey, starting with 1 and 2 passing right shoulder.
 - c. Women do the same as step 3b. Men turn single in the last four steps of the women's hey.

Chestnut or Doves Figary

- 1. Section 1
 - a. All step up and back a double twice.
 - b. All face partner and take hands along lines (men with men, women with women), and step back and up a double, and pass partner by right shoulder to opposite side a double.
 - c. 2's fall back slightly and each line circles once around clockwise, and opens in a straight line back to place.
 - d. Repeat 1 b and c.
- 2. Section 2
 - a. Partners side right shoulder, then left shoulder.
 - b. All face partner and take hands along their lines, and step back and up a double, and pass partner by right shoulder to opposite side.
 - c. Perform a half straight hey along lines to invert the set, 1's and 2's passing right shoulder.
 - d. Repeat 2 b and c, starting heys at bottom of the set (1's and 2's passing first), ending back in place.
- 3. Section 2
 - a. Partners arm right, then arm left.
 - b. All face partner and take hands along their lines, and step back and up a double, and pass partner by right shoulder to opposite side.
 - c. 1 face down, taking inside hands, and lead down the middle to last position, followed by 2's and 3's...3's stopping at 1's place, so set is inverted.
 - d. Repeat 3 b and c, with 1's casting up the outside of the set, followed by 2's and 3's.

Confesse

1st couple is 2 women, 2nd couple is 2 men, 3rd couple is 2 women

- Section 1
 - a. Hold hands along lines and step up and back a double twice.
 - b. Man on left moves between 1st 2 women and leads them up a double, they turn, then he leads them down a double (back to place), while man on right moves between 3rd 2 women and leads them down a double, they turn, then he leads them up a double (back to place.)
 - c. Men turn each other and end back in original place, while 1st women turn 3rd women.
 - d. Each man leads his original women away from the other group a double, they turn, then he leads them back to place.
 - e. Men turn each other, while women turn their original partner.

2. Section 2

- a. All turn to left wall and each line leads forward 2 doubles, turn, then return to place with 2 doubles.
- b. Man on left and 1st woman on right step back and up and make an arch with right hands.
- c. Others create a circle around man on left and circle, passing under the arch.
- d. Man on right and 3rd woman on left step back and up and make an arch with right hands.
- e. Others create a circle around man on right and circle, passing under the arch.

3. Section 3

- a. Repeat Section 2a to right wall.
- b. 1st women lead up a double, turn, and lead back to place; while 3rd women lead down a double, turn, and lead back to place; while men lead a double away from lines then back to lines
- c. Women skip around men clockwise, while each man individually turns clockwise (right) a double, then counterclockwise (left) a double.
- d. 1st and 3rd left woman lead left a double, turn, and lead back to place; while 1st and 3rd right women lead down a right a double, turn, and lead back to place; while left man leads up a double, turns, the back to center while right man leads down a double, turns, then back to center.
- e. Men take hands and turn, while women individually turn clockwise (right), then counterclockwise (left.)

4. Section 4

- a. Men lead 1st women down a double double, turn, then up a double, while 3rd women move up a double on the outside, turn, and pass under arms of pairs as all return to place.
- b. Men turn same women while 3rd women turn each other.
- c. Men lead 3rd women up a double, turn, then down a double with 1st women move down a double on the outside, turn, and pass under arms of pairs as all return to place.
- d. Men turn same women while 1st women turn each other.

Greenwood

2nd Couple improper

- 1. Chorus
 - a. Hold hands along lines and step up and back a double.
 - b. Set and turn.
 - c. All turn, hold hands along lines and step away a double, turn, and return a double.
 - d. Set and turn.
- 2. Section 1
 - a. Middle couple side right, while 1st and 3rd men side right and 1st and 3rd women side right.
 - b. Set and turn with that person, moving back to place on turn.
 - c. 1st couple sides left while 2nd man sides left with 3rd woman and 3rd man sides left with 2nd woman.
 - d. Set and turn with that person, moving back to place on turn.
 - e. 3rd couple sides right, while 1st man sides right with 2nd woman, and 2nd man sides right with 1st woman.
 - f. Set and turn with that person, moving back to place on turn.
 - g. Chorus
- 3. Section 2
 - a. Arming using the same partner pattern as in Section 2.
 - b. Chorus
- 4. Section 3
 - a. Each line circles once clockwise then set and turn to their partner.
 - b. 2nd man circles with 3rd couple while 2nd woman circles with 1st couple, then all set and turn to partners.
 - c. 2nd man circles with 1st couple while 2nd woman circles with 3rd couple, then all set and turn to partners.
 - d. Chorus
- 5. Section 4
 - a. All hay in the same pattern as circling from Section 3, haying with partners first, and set and turn between.
 - b. Chorus
- 6. Section 5
 - a. Men take hands and circle around 2nd woman.
 - b. Set and turn to partner.
 - c. Women take hands and circle around 2nd man.
 - d. Set and turn to partner.
 - e. Chorus
- 7. Section 6
 - a. Men hey between women; starting with 1st man passing to inside of 1st woman, 2nd man passing to inside of 3rd woman, and 3rd man passing to inside of 2nd woman.
 - b. Women hey between men; starting with 1st woman passing to inside of 2nd man, 2nd woman passing to inside of 1st man, and 3rd woman passing to inside of 3rd man.
 - c. Chorus

Grimstock

- Section 1
 - a. Partners take inside hands and step up and back a double.
 - b. Partners set and turn.
 - c. Partners take inside hands and step up and back a double.
 - d. Partners set and turn.
 - e. Lines mirror hay: 1's pass through 2 couple, etc.
- 2. Section 2
 - a. Partners side to right shoulder.
 - b. Partners set and turn.
 - c. Partners side to left shoulder.
 - d. Partners set and turn.
 - e. Repeat mirror hay holding partner's hand; as each couple passes around a couple, they create an arch for them to go through: 2's make an arch for 1's to pass through, etc.
- 3. Section 3
 - a. Partners arm right.
 - b. Partners set and turn.
 - c. Partners arm left.
 - d. Partners set and turn.
 - e. 1st couple passes left shoulder while 2nd and third couple faces up. 1st couple straight hays down other side, passes right shoulder at the bottom of the set, then hay up their own side back to place.

The Night Peece

- 1. Section 1
 - a. All take partners inside hand and step up and back a double twice.
 - b. The middle couple falls back a simple and slips into first couples place while couples 1 and 3 face each other and change places, passing right shoulder: couple 1 moves to the bottom position and couple 2 moves to the second position.
 - c. Repeat 1b twice more until back to original place.
- 2. Section 2
 - a. All partners side right then left.
 - b. 1st couple passes each other by right shoulder and pass behind 2nd couple who moves up to their place. 1st couple passes again by right shoulder and pass behind 3rd couple who moves up into 2nd place.
 - c. Repeat 2b twice more until all back to place.
- 3. Section 3
 - a. First man changes position with 2nd woman.
 - b. First woman changes position with 2nd man while 3rd couple changes positions.
 - c. First man (now in 2nd position) changes positions with 3rd woman.
 - d. First woman (now in 2nd position) changes places with 3rd man, while 2nd couple (now in 1st position) change place.
 - e. All set and turn.

Picking of Sticks

- 4. Section 1
 - a. All take partners inside hand and step up and back a double twice.
 - b. The 1st man changes places (leading right shoulder) with 2nd woman, then with 3rd man.
 - c. All take new partners hand and step up and back a double.
 - d. The 1st woman changes places with 2nd man, then with 3rd woman.
 - e. All take new partners hand and step up and back a double.
 - f. Repeat 1b through 1e, starting with 1st man's position then 1st woman's position, until all are back to place.

5. Section 2

- a. All partners side right then left.
- b. 1st couple slips between 2nd couple who slips around them to 1st place, then 2nd couple slips down middle back to place while 1st couple slips up around them; meanwhile, 3rd couple cross by right shoulder and skip around set and return to place.
- c. 3rd couple slips between 2nd couple who slips around them to 3rd place, then 2nd couple slips up middle back to place while 3rd couple slips up around them; meanwhile, 1st couple cross by right shoulder and skip around set and return to place.

6. Section 3

- a. All partners arm right and left.
- b. Men hey around women;
 - i. 1st man leads men in front of 1st woman outside the set, between 1st and 2nd woman and around 2nd woman inside the set, then between 2nd and 3rd woman, passing around 3rd woman outside the set.
 - ii. Last man in hey circles center woman instead of circling last woman to lead the hey.
 - iii. Continue haying in this pattern until 1st man leads again, then 1st man leads men outside women's line and back to place.
- c. Women hey around men as described above.

Scotch Cap

- 1. Section 1 All partners take hands, facing forward
 - a. All partners step up and back a double.
 - b. All partners step up and back a double.
 - c. The 2nd and 3rd man and 1st and 2nd woman hop back to their right foot, lifting the left foot slightly and then cross over and trade places by passing right shoulders (2 man with 1 woman, 3 man with 2 woman).
 - d. Man 1 and woman 3 do the same.
 - e. All repeat 1c-1d to go back to place.

2. Section 2

- a. All side right and left.
- b. Women take the women's hands, men take the men's hands. All fall back a double and come forward a double.
- c. Man 1 arms right with man 3, Woman 1 arms right with woman 3, 2's arm right together.
- d. Repeat step 2b.
- e. Partners take hands and turn once around clockwise.

3. Section 3

- a. Partners arm right and left.
- b. Men take men's hands, women take women's hands. Men slip up 4 to their left (up), while women slip down 4 to their left (down).
- c. The two lines hey with hands back to place, the 3rd man and 1st woman taking right hands first.
- d. Repeat 3b-3c with men slipping right (down) and women slipping to their right (up), and 1st man will begin hey with 3rd woman, starting with their left hands.

Upon a Summers Day

- 1. Section 1
 - a. All partners up and back a double.
 - b. All partners set and turn to each other.
 - c. All partners up and back a double.
 - d. All partners set and turn to each other.
- 2. Chorus
 - a. Ladies hold ladies hands, men hold men's hands. All up and back a double to partner.
 - b. 2nd and 3rd lady raise hand being held. 2nd and 3rd man do the same. 1st lady passes down the center and through the arch and takes up 3rd position. 1st man does the same on the man's side.
 - c. As 1st couple passes through, 3rd and 4th wait four beats then move forward by stepping sideways up, crossing the trailing foot in front, moving rear foot up, then brining up trailing foot to forward foot.
 - d. Repeat Section b until all couples have gone through the arch.
- 3. Section 3 all face partner again
 - a. All side right with partner.
 - b. All set and turn.
 - c. All side left with partner.
 - d. All set and turn.
 - e. Chorus
- 4. Section 4 all face partner again
 - a. All arm right with partner.
 - b. All set and turn.
 - c. All arm left with partner.
 - d. All set and turn.
 - e. Chorus.

Wooddicock

- 1. Section 1
 - a. All partners up and back a double twice
 - b. All partners set and turn to each other twice.
- 2. Section 2
 - a. 2nd couple takes hands and passes between first couple, casts off and returns to place.
 - b. 2nd couple takes hands and leads between last couple, casts off and returns to place.
 - c. All partners set and turn to each other twice.
- 3. Section 3
 - a. All side right and left with partner.
 - b. All partners set and turn to each other twice.
- 4. Section 4
 - a. 2nd man circles around 1st woman (passing left shoulder) while 2nd woman does the same with the 3rd man, both returning back to place.
 - b. 2nd man circles around 3rd woman (passing right shoulder) while 2nd woman does the same with the 1st man, both returning back to place.
 - c. All partners set and turn to each other twice.
- 5. Section 5
 - a. All arm right and left with partner.
 - b. All partners set and turn to each other twice.
- 6. Section 6
 - a. Men hey along their line.
 - b. All partners set and turn twice.
- 7. Section 7
 - a. Women hey along their line.
 - b. All partners set and turn twice.
- 8. Section 8
 - a. Everyone hay's, 1st couple initially passes with 2nd couple, while last couple pass with each other
 - b. All partners set and turn twice.

Circular Sets for as Many as Will

Dargason (or Sedany)

- 1. Section 1
 - a. All side right to partner.
 - b. All Set.
 - c. All pass partner by left shoulder, turning as they do so, to face next person in set.
 - d. All side left with new partner.
 - e. All Set.
 - f. All pass new partner by left shoulder, turning as they do so, to face next person in set.
 - q. Repeat until back to partner or original place.
- 2. Section 2
 - a. Repeat section 1, arming instead of siding.
- Section 3
 - a. Circular hey with hands.

Gathering Peascods

- 4. Section 1
 - a. All slip 8 steps to the left.
 - b. All drop hands and turn to the right.
 - c. All slip 8 steps to the right.
 - d. All drop hands and turn to the right.
- 5. Chorus
 - b. Men step into circle, taking hands, and slipping 12 steps around to the left and back to place.
 - c. Women step into circle, taking hands, and slipping 12 steps to the left and back to place.
 - d. Men step a double into the circle and clap on the 4th step.
 - e. Men return to place stepping back a double while women step a double into the circle and clap on the 4th step.
 - f. Women return to place a double while men step a double into the circle, clap on the 4th step, then turn to their left a double circle, back into place.
 - q. Repeat 2a-e with women starting.
- 6. Section 3
 - a. All side right with their partner.
 - b. All take an individual turn to the right.
 - c. All side left with their partner.
 - d. All take an individual turn to the right.
 - e. Chorus, with women circling and doubling first.
- 7. Section 4
 - a. All arm right with their partner.
 - b. All take an individual turn to the right.
 - c. All arm left with their partner.
 - d. All take an individual turn to the right.
 - e. Chorus, as in first part, with men circling and doubling first.

Hay Branle

- Section 1
 - a. All step a simple to the left starting with the left foot, then a double to the left
 - b. All step a simple to the right starting with the right foot, then a double to the right (smaller steps than to left)
 - f. Repeat 1a-1b.
- 2. Section 2
 - c. All hey, starting by passing partner's right shoulder and stepping first with right foot.

Official Branle

- 1. Section 1
 - a. Double to the left; when brining feet together on the last step, small jump in place.
 - b. Double to the right, when brining feet together on the last step, small jump in place.
 - c. Repeat 1a-1b.
 - d. Six simples to the left, when brining feet together on the last step, small jump in place.
 - e. Take turns with the following:
 - Men turn to partner and place hands on her waist, supporting her while she jumps.
 - All jump, kicking right foot, then landing on right foot, kicking left foot, then landing with feet together.

Four Couple Square and Circular Sets

A Fine Companion (Square or Circular set)

- 1. Section 1
 - a. All take hands and step up and back a double then set and turn.
 - b. Repeat la.
 - c. Men move forward a double, then women move forward a double while men move back a double to place, then men move forward a double while women move back a double to place.
 - d. Men take hand in center of circle and circle once clockwise, the slip back to place.
 - a. Repeat 1c-1d with women starting and circling.
- 2. Section 2
 - a. Partners side right then set and turn to each other, then side left then set and turn.
 - b. 1st and 3rd couple move forward a double, then 2 and 4 couple move forward a double while 1 and 3 couple move back a double to place, then 1 and 3 couple move forward a double while 2 and 4 couple move back to place.
 - c. 1 and 3 couple take hands in center of circle and circle once clockwise, then slip back to place.
 - d. Repeat 2b-2c with couples 2 and 4 starting and circling.
- 3. Section 3
 - a. Partners arm right then set and turn to each other, then arm left then set and turn.
 - b. Men move forward a double and turn around, taking hands and forming a circle facing the women.
 - c. Men circle clockwise while women skip around them counter-clockwise, all returning to place.
 - d. Repeat 3b-3c with women circling in center and men skipping around.

Hide Parke (Square set)

Chorus - Couples numbered 1-4

- a. Couples 1 and 3 up and back a double.
- b. Couples 2 and 4 up and back a double.
- 4. Section 2
 - b. Couples 1 and 3 face partner, take a step back then up.
 - c. Couples 1 and 3 take hands and slip to center.
 - d. 1st man takes 3rd woman's hands and slips through 2nd couple, while 1st woman and 3rd man take hands and slip through 4th couple.
 - e. 1st and 3rd couples cast back to place.
 - f. 2nd and 4th couples perform Section 2a 2d, slipping through 1st and 3rd couple.
- 5. Section 3
 - e. Chorus
 - f. 1st and 3rd couple face partner and pass right shoulder while 2nd and 4th couple take right hands, and change places, keeping hands and making an arch.
 - g. 1st man and 3rd woman pass outside of set behind and through 4th couple's arch, while 1st woman and 3rd man pass outside of set behind and through 2nd couple's arch.
 - h. 1st and 3rd couples return to place holding hands, backing a double, improper.
 - i. Repeat 3a b, 1st couple changing places and making arch for 2nd and 4th couple.
- 6. Section 4
 - e. Chorus
 - f. Men hay around women counter-clockwise, passing inside set in front of partner first.
 - q. Women hay round men clockwise, passing in front of partner first.

If All the World Were Paper (Square set)

- 1. Section 1
 - a. All take hands and step up and back a double then set and turn.
 - b. Repeat 1a.
 - c. Men 1 and 3 exchange places with each other, then their women exchange places with each other.
 - d. Couples 1 and 3 hands hey two exchanges, starting with partner, to return back to place
 - e. Couples 2 and 4 perform 1c-1d.
- 2. Section 2
 - a. Partners side right then set and turn to each other, then side left then set and turn.
 - b. 1 and 3rd couple take hands with their partner and step a double to the center, then switch partners and pass through 2 and 4 couples, then 1st and 3rd couples cast off behind 2 and 4 couple and return to place.
 - c. 1 and 3 partners 2-hand turn.
 - d. 2 and 4 couple perform 2b-2c.
- 3. Section 3
 - a. Partners arm right then set and turn to each other, then arm left and set and turn.
 - b. 1 man and 3 woman change places; 3 man and 1 woman change places.
 - c. 1 and 3 partners change places, then hands hey two exchanges, starting with opposite.
 - d. 2 and 4 couple perform 3b-3c.

Mage on a Cree (Circular set)

- 1. Section 1
 - a. All take hands and step up and back a double, then set and turn partner.
 - b. All take hands and step up and back a double, then set and turn partner.
 - c. Men take hands, back-to-back, inside circle, and circle clockwise, returning to place.
 - d. Each man turns corner.
 - e. Women take hands, back-to-back, inside circle, and circle clockwise, returning to place.
 - f. Each man turns his partner.
- 2. Section 2
 - a. Partners side right, then set and turn.
 - b. Partners set left, then set and turn.
 - c. Men pass in front of corner, then behind opposite, falling into opposite man's position.
 - d. Women move to center of circle a double, then double back to place, turning once as they step.
 - e. Repeat 2c, so men return back to place.
 - f. Repeate 2d.
- 3. Section 3
 - a. Partners arm right then set and turn single.
 - b. Partners arm left then set and turn single.
 - c. Men turn corners once clockwise then moves around behind woman to next woman.
 - Men turn opposites once counterclockwise the moves around in front of woman to next woman.
 - e. Men turn next woman once clockwise then moves around behind woman to place.
 - f. Men turn partners once counterclockwise.

Four Couple Longways Sets

Goddess/Quodling's Delight

- 1. Section 1
 - a. Partners take inside hands and step up and back a double twice.

2. Chorus

- a. First couple casts off, followed by the rest of their line, and with a skipping step, inverts the set
- b. First couple casts off and returns to the front of the set, followed by the rest of the line so all are back in place.

3. Section 2

- a. With a skipping step, the 1st man leads his line across the top of the women's set and down behind the women's line.
- b. The 4th man leads men back to place.
- c. Repeat Chorus.

4. Section 3

- a. With a skipping step, the 1st woman leads his line across the top of the men's set and down behind the men's line.
- b. The 4th woman leads women back to place.
- c. Repeat Chorus.

5. Section 4

- a. 1st man leads men in circle around women with a skipping step (16 steps)
- b. Repeat Chorus.

6. Section 5

- a. 1st woman leads women in circle around men with a skipping step (16 steps)
- b. Repeat Chorus.

7. Section 6

- a. The second and third man fall back and form a circle.
- b. Men's circle slips 8 steps clockwise, then eight counter-clockwise
- c. Repeat Chorus.

8. Section 7

- a. The second and third woman fall back and form a circle.
- b. Women's circle slips eight clockwise, then eight counter-clockwise
- c. Repeat Chorus.

9. Section 8

- The two lines join together to form and circle and slip eight clockwise, then eight counterclockwise.
- b. Repeat Chorus.

10. Section 9

- a. The first and third men face down their lines and men's line heys, passing right shoulder first.
- b. Repeat Chorus.

11. Section 10

- a. The first and third women face down their lines and women's line heys, passing right shoulder first.
- b. Repeat Chorus.

12. Section 11

- a. The first and third couples face down their lines and all do a circular hey with hands with the entire set.
- b. Repeat Chorus.

Longways Sets

Jamaica

- 1. Section 1 Couples numbered 1 through 2 down the line
 - a. 1st man takes partner by right hand, then left.
 - b. Hands crossed, they turn halfway.
 - c. 1st man does the same with the second woman, while the 1st woman does the same with the 2nd man.
 - d. 1st couple figure-eights up through 2nd couple, skipping, and changes places with partner at the end so all are once more proper.
- 2. Section 2
 - a. With new 2nd couple below, 1st man and 2nd woman turn two-hands 1/2 around, switching places.
 - b. 1st woman does the same with the second man.
 - c. All turn neighbors two-hands once around, (men turn men, women turn women.)
 - d. All turn partners two-hands $\frac{1}{2}$ around so all are proper.

Indian Queen

- 1. Section 1 Couples numbered 1 through 2 down the line
 - a. 1st and 2nd woman set to each other, stepping forward as they do so.
 - b. 1st man and 2nd woman turn once around clockwise.
 - c. 1st woman and 2nd man set to each other, stepping forward as they do so.
 - d. 1st woman and second man turn once around clockwise.
- 2. Section 2
 - a. All place right hand in center and circle clockwise eight counts.
 - b. All turn and place left hand in center and circle counter-clockwise eight counts.
 - c. All step back-to-back with their partner.
 - d. Progressive hay; 1st couple passes right shoulder, then passes left should with 2nd couple (who progress up while 1st couple progresses down), then right shoulder again with each other and back to proper.

Juice of Barley

- 1. Section 1 Couples numbered 1 through 2 down the line
 - a. All back-to-back with their partners.
 - b. All turn their partners two-hands once around clockwise.
- 2. Section 2
 - a. Man 1 passes between ladies 1 and 2, circles behind lady 2, and falls into man 2's place, while Man 2 follows him but circles lady 1 and falls into man 1's place.
 - b. All clap then circle four-hands around once clockwise.
 - c. Lady 1 passes between men 1 and 2, circles behind man 1, and falls into man 2's place, while Lady 2 follows her but circles man 2 and falls into lady 1's place.
 - d. All clap then circle four-hands around once clockwise.

New Boe Peep

- 1. Section 1
 - a. All partners take inside hands and step up and back a double twice.
- 2. Chorus
 - a. Women slip right a double.
 - b. Men step a double to the women, each standing behind his partner, and the women turn their back on the men.
 - c. Men place their hands on their partners shoulders, then peep over their right shoulders, their left shoulder, their right again, then their left again.
 - d. All face forward, then slip left four slips.
 - e. All turn single.
 - f. Repeat with men slipping and women peeping.
- 3. Section 2
 - a. Partners side right then left.
 - b. Chorus, with men's side slipping first.
- 4 Section 3
 - a. Partners arm right then left.
 - b. Chorus, with women slipping first.